

Generationz Run Club

~ June 2013 News ~

RUN



INFORMATION

- New Season, New Crew, New Locations! All ages & fitness levels are welcome ~ We have new moms, new runners, walk/runners, singles, couples, dogs, even babies/strollers. We are all about fun and fitness!
- **Generationz Run Club**, formerly known as Hilliard Grand Run Club, currently spans five decades... our youngest member is 4 months and our 'wisest' member is 56!

UPCOMING EVENTS – Summer

- | | | |
|---------------------|---------|--|
| ○ Saturday, July 13 | 8:30 AM | Dash for Donation 5K – Arena District; <i>stroller friendly</i> |
| ○ Friday, July 19 | 7:00PM | Jazz & Rib Festival 5K&5 miler – McPherson Commons |
| ○ Sunday, August 4 | 7:00 AM | Scioto Miles 10 Miler |
| ○ Sunday, August 25 | 7:00 AM | Emerald City Half & Quarter Marathon – Dublin |

MEETING SCHEDULE

<u>Day</u>	<u>Meet & Greet</u>	<u>Activities</u>
Thursdays	6:30PM @ Grand Reserve @ Hayden Crossing North Lime Creek Dr, Dublin, OH 43016	Group Run/Walk 2-3 miles
Saturdays	10:00AM @ Starbucks, Historic Dublin 19 West Bridge St, Dublin, OH 43017	Group Run/Walk 3+ miles

RUNNER RECOGNITION

- Send your running and fitness accomplishments to be featured here!

CONTACT INFORMATION

Teresa Gellenbeck, *Run Coach*
t: 614.565.5996 teresa.gellenbeck@gmail.com
266 Beckley Lane, Dublin, OH 43017



LIKE us on **FaceBook** for updates, photos and more!

